

Soundmassage

deep relaxation



Soundmassage is an effective method for deep relaxation, offering a personal overtone song and the sound of the didgeridoo played over the body.

The frequencies of overtone singing can penetrate all layers of existence, touching the chakras. The vibrations of the didgeridoo gently massage the tissues of the body, helping to release tension.

Igor's intuitive sound diagnosis allows identifying of areas to be harmonized with sound and vibration.

Recordings

solo & duets



- 'Red Moon' (2009)
- 'DidjArpa' (2008)
- 'A World of Sound' (2007)
- 'Harmonics' (2001)
- 'Kinship: Call to Prayer' (2000)

Igor Olivier Ezendam

Riva Lago Olivella 12
6921 Vico Morcote
Ticino - Switzerland

+41 (0) 91 980 25 88

+41 (0) 76 478 83 08

info@feelingsound.com

www.feelingsound.com

Feeling Sound

singing naturally



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Be well & feel sound!*

Igor Olivier Ezendam



Overtone Singing

the rainbow voice



Igor is a singer, multi-instrumentalist and music teacher specialized in overtone singing or Vocal Harmonics, a shamanic singing style with origins in Tuva, Mongolia.

This technique creates a double vocal sound: above the singer's fundamental note a second high pitched whistle-like sound appears. These 'harmonics', used by shamans and therapists for healing, open up new dimensions to hearing and feeling sound, leading easily into meditation.

Live Concerts

a musical voyage

Igor's concerts are a fusion between intuitive vocals and unusual instruments such as the Australian Didgeridoo, the Swiss Hang, the Sbrutibox from India and the Turkish Cümbüs.

Original melodies and compositions ranging from meditative to shamanic, inspired by the natives of America, Australia, Africa and Tibet, involve you, the audience, in the soundmaking. Feel the relaxed atmosphere and deep moments of silence while time-traveling at your leisure...

Free Your Voice

vocal liberation and overtones



With great pleasure and inspiration Igor teaches students and teachers about his approach to 'natural' music, born from experience in the art of overtone singing, improvisation and stage presence.

These workshops, open to singers and hummers, remind you to relax, encouraging a momentary suspension of judgment, allowing expression of one's full vocal and vital potential.

Each encounter is an exploration of the various aspects of our voices in an experimental and safe space, a rare and precious opportunity. It's time dedicated to creating and accepting one's own sound, the Voice of Freedom!



Feeling Sound

singing naturally



In the explorative workshops we work on recovering trust and love for our voice: freeing our breath, our body and our courage to express ourselves.

Step by step we open up to the magic of overtone singing. Keywords are relaxation, listening, wellbeing, compassion and self esteem.

Among the singing techniques we use are toning, vocal harmonics, shamanic chant and mantras.

Flying Dutchman

from Amsterdam with love

Born 1968 in Holland, he travels "to sing and teach singing", together with his partner and yoga teacher Arianna.

He performs and teaches to adults and children, at festivals, in schools, churches and caves around the world, collaborating with local artists.

A biography called 'Your sound is sacred' is coming out in Italy december 2013. Other productions in the making are an english overtone manual and a new album version of 'Harmonics'.